



March 2017

Dedicated Readers of Kime,

Thank you to all the submissions made for this newsletter over the past months. Keep it up!! The more content we receive, the better the newsletter will be (and the more interesting).

If you have any ideas, content, articles, pictures, or anything you'd like to see in the newsletter, send your insights and comments to maja@anshindojo.com.

Stripe Testing TWICE in March!

There will be stripe testing in March occurring on March 8th and March 22nd. Both Wednesdays will give students a chance to redeem their stripes and prepare for the next belt grading that will be in April. Good luck! Train hard!

Friendship Day this Month

Friendship Day this month will be hosted by Sensei Steve Trombley and held at Anshin Dojo, on Sunday, January 26th. Hope to see everyone there!!

50th Anniversary of Matsubayashi

It was great to see everyone who participated in the seminar last month honouring Sensei Frank Baehr and celebrating his contribution to Matsubayashi-Ryu. Sensei Baehr brought the style to Canada 50 years ago and he is the reason we are all able to get together. So thank you Sensei Baehr. We at Anshin Dojo look forward to many more seminars to come.



Illustration 1: Honbu Dojo in Okinawa

Dojo Closures

N/A

Special Events

- 8th – Stripe Testing
- 22nd – Stripe Testing
- 11th – Iaido at Stratford Martial Arts
- 18th – Jiu-jitsu at Stratford Martial Arts
- 25th – Iaido at Stratford Martial Arts
- 26th – Friendship Day at Anshin Dojo

Birthdays

- 4th – Marianne
- 12th – Christian M.
- 12th – Greg

ANSHIN
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