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Kime



Illustration 1: Honbu Dojo in Okinawa

April 2016

Dedicated Readers of Kime,

Spring is here! March was full of exciting experiences and April is packed with martial arts goodness as well.

Is there anything special going on at the dojo? Are you moving? Have you had any recent promotions? Given a demonstration? Anything which would be of interest to the others? Have you read any interesting books on the martial arts (e.g. philosophy)? In that case, how about sending us a brief book report so that the others can get a copy if they are interested. Remember, to run a newsletter, I must have news!

If you have any ideas, content, articles, pictures, or anything they'd like to see in the newsletter, send your insights and comments to maja@anshindojo.com.

4th Annual Memorial Karate Seminar for Soke Takayoshi Nagamine

Anshin School of Karate will be hosting the 4th Annual Memorial Seminar for Soke Takayoshi Nagamine on April 23rd. We would be honoured to have you join us to commemorate the life and times of Soke Nagamine. **All Students Are Welcome.** We would ask that everyone pay what they can, though Anshin Dojo will be accepting minimum \$2 donations. This event is a potluck, so food contribution is strongly encouraged! **All students must fill out waiver forms and submit to Sensei Trombley.** Copies are available at the dojo as well as on the website www.anshindojo.com.

Grading - April 20th

Congratulations to all the students at Anshin Dojo who trained hard and earned their stripes and belts in the last few months. There will be a kids grading as well as an adult grading on April 20th for a belt change. All successful candidates will get their next colour belts. Train hard!! We look forward to seeing everybody there.

Dojo Closures

N/A

Notable Dates

2nd – Iaido at Stratford Martial Arts

17th – Friendship Day at Renseikan Dojo

22nd – Sensei Trombley's Birthday!

Special Events

20th – Belt Grading

23rd – Memorial Seminar for Soke Takayoshi Nagamine

Birthdays

8th – Raylee R.

15th – Bogdan D.

20th – Rylee R.

22nd – Sensei Trombley

Announcements (cont.)

New Dojo in Apsley, ON

Congratulations to Sensei Vern Tilley for opening his new dojo in Apsley, ON.

Karate at Wilson Park!

Brought to you by Tilley's School of Karate.

Lessons run Wednesdays and Fridays.

Students (ages 5-13) – 5:00pm to 6:15pm

Adults (ages 14+) - 6:30pm to 8:00pm

For more information, rates and registration, please call:

Vern Tilley (705) 878-5368 or (905) 213-3720

email: vern.tilley@live.ca

Friendship Day - March and April



Friendship Day in March was held at Ryu Shin Karate-Way of the Okinawan Soul at Sensei Gibson's dojo in Bowmanville. Thank you for everyone who attended. The workout was refreshing and it was great to see everybody there.

Friendship Day this month will be held at Renseikan Dojo in Pickering on April 17th, hosted by Sensei Ward Jardine. As usual, there will be a rigorous workout and a great opportunity for everybody from all dojos to get together to train and socialize. All students are welcome! We hope to see everybody there!

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ANSHIN
SCHOOL OF KARATE
KOBUDO and JODO

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Soke Takayoshi Nagamine

PART ONE: HISTORY AND BACKGROUND

In a four-part series, we will explore Soke Takayoshi Nagamine and his precepts of philosophy, martial arts concepts, and contribution to Matsubayashi Ryu karate.

Soke Takayoshi Nagamine was born in Naha City, Okinawa on August 12, 1945, the son of the late founder of the Matsubayashi-ryu style of Okinawan Shorin-ryu Karate-do, Osensei Shoshin Nagamine.

At the direction of his father, and in order to help the development of Matsubayashi-ryu Karate-do on an international scale, Soke Takayoshi Nagamine went to the United States at the young age of 20 in the late 1960s and opened his first dojo in Cincinnati, Ohio. Outside of his personal dojo, Soke Nagamine regularly traveled around the United States to teach clinics and seminars until he returned to Okinawa in 1979 to assist his father with the running of the World Honbu (Headquarters) Dojo and the World Matsubayashi-ryu (Shorin-ryu) Karate-do Association (WMKA).

In 1991, Osensei Shoshin Nagamine retired from running the Matsubayashi-ryu organization and passed the leadership on to his son. In 1992, Soke Takayoshi Nagamine called together senior instructors in Okinawa and the United States and formed what is now known as the WMKA.

In 1997, after the passing of the style's founder, Osensei Nagamine, Soke Takayoshi Nagamine took the position as the Soke (head) of the Matsubayashi-ryu Karate-do system. In October 2008, he was promoted to the grade of Hanshisei 10th Dan in Matsubayashi-ryu.

Soke Nagamine was dedicated to keeping the WMKA running smoothly and supporting all dojo, encouraging them to work together to perpetuate the true traditional art of Okinawan Matsubayashi-ryu Karate-do in eighteen kata and seven yakusoku kumite.

On April 25, 2012 Soke Nagamine unexpectedly passed away at the relatively young age of 66, leaving many who respected and knew him well with a void in their heart. He will be sorely missed, but his teachings and his budo spirit will live on, as does his legacy.

Soke Nagamine had dedicated his life to preserving the art of Matsubayashi-ryu and the WMKA, along side of the European Matsubayashi-ryu Karate-do Association (EMKA), as founded by his father. He was a great ambassador for Matsubayashi-ryu world-wide and spent much of his life travelling around the world teaching and hosting seminars. Soke Nagamine helped develop, establish and teach at dojos throughout the world, including in Australia, Canada, United States, and Europe. He had a great impact on his students all over the world and left a great legacy. He touched the lives of many students and the ripple effect of his teachings will last for generations to come.

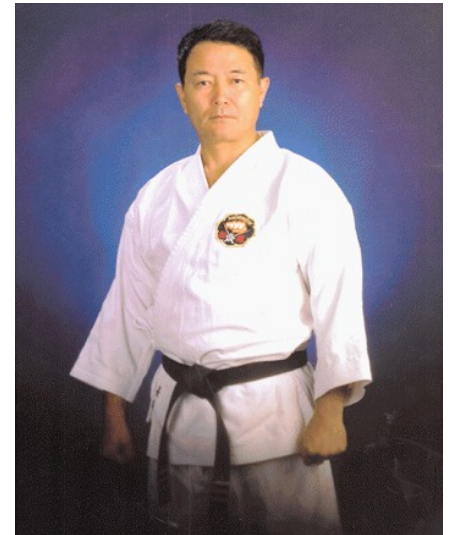
Excerpts taken from "Honoring Soke Takayoshi Nagamine and his legacy" article from WMKA website.

Vocabulary

Soke

[soh-kay]

inheritor of the style



DID YOU KNOW?!?

Fukyugata (promotional kata): Fukyugata Ichi was created by Osensei Shoshin Nagamine, and Fukyugata Ni by Osensei Chojun Miyagi in 1941 at the request of the then Okinawan Governor, Mr Gen Hayakawa and a special committee of all the Okinawan Karate-do associations.

These kata were created to form two introductory kata to allow beginners and school children to approach Karate practice in the most lenient way possible.

From the archives of Kime...

From its first publication in the January 1972 issue of Kime by Sensei Baehr, this article acts as a good guideline for our behaviour as a proper karate-ka.

OX GAIT

By Master Shoshin Nagamine

In the field, on the mountain, or crossing a river, the ox always walks slowly, straight ahead, and never excited over trifling matters. Whether it is a sand, dirt, or gravel road, he never walks in a hasty manner, stirring up the sand and kicking up the pebbles, but steadily and with full power.

On the other hand, most men walk in the opposite fashion: in a hasty manner and scarcely able to understand, even superficially, what they are doing.

Their minds are not broad enough to enjoy what they are doing. So let us learn something from the ox!

(Rarely are those who “stir up the sand and pebbles” the ones who will prevail in the long run. Those who quietly and modestly go their way “steadily and with full power” are the ones who will achieve their goals and accomplish the most” -FB)

Sensei's Corner

Metaphysical Concepts of Philosophy

1. Live in accordance to the principles of nature.
 2. Be conscious of your every action.
 3. Learn well from your experiences.
 4. Strive for culture, education and history.
 5. Proof of what you have learned, not in imagination or logic, study proof and scientific procedure
- These precepts lead to heightened subconscious, emotion, and instinct.